GENTLETOOLS / FREE RESOURCE SERIES

EDUCATION / 8 PAGE EDITION

ABC Behavior Observation Workbook PDF

Describe what happened before, during and after an event, using neutral observations.

NOT JUST AN EMPTY FORM

An ABC record is useful only when the antecedent, the visible behavior and the consequence are described rather than inferred. Consistent event descriptions make discussion with a support team more meaningful.

THE FOUR-STEP WORKFLOW

1. **Define what is known**
2. **Track actual events and evidence**
3. **Compare before deciding**
4. **Assign the next concrete action**

- [ ] Separate estimates and verified facts
- [ ] Keep sensitive data secure

No login or email gate. Information you enter stays in the PDF.

ABC NEUTRAL OBSERVATION BOARD

Build the baseline

Write facts and sources before filling the main table. Do not guess at missing information.

Project or subject

Date or period

STEP 1 Decide the date range and observation setting, using non-identifying labels.

STEP 2 Record what happened immediately beforehand, what was directly observed, and what followed.

STEP 3 Compare several entries and raise questions with an appropriate support team without assuming a cause.

STEP 4 Which fact or document still needs checking?

ABC NEUTRAL OBSERVATION BOARD

Keep a dated record

Record what actually occurred. Reprint this page whenever you need more rows.

Reference period

Review date

DATE / TIME	BEHAVIOR OBSERVED (VISIBLE)	CONTEXT / OBSERVER CODE	RECORD REVIEW	BEFORE AND AFTER (FACTS ONLY)

Outstanding question or record to confirm

ABC NEUTRAL OBSERVATION BOARD

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DATE / TIME	BEHAVIOR OBSERVED (VISIBLE)	CONTEXT / OBSERVER CODE	RECORD REVIEW	BEFORE AND AFTER (FACTS ONLY)

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Compare with evidence

WHAT THIS DOCUMENT HELPS WITH

An ABC record is useful only when the antecedent, the visible behavior and the consequence are described rather than inferred. Consistent event descriptions make discussion with a support team more meaningful.

1. Current facts

CURRENT	OPTION	EVIDENCE

2. Alternative course

CURRENT	OPTION	EVIDENCE

3. Uncertain information

CURRENT	OPTION	EVIDENCE

Working conclusion or question

Review by

ABC NEUTRAL OBSERVATION BOARD

Make the next step happen

Each useful action has an owner, a date and a result that can be checked.

ACTION 1 Decide the date range and observation setting, using non-identifying labels.

Concrete next action

Owner / due

ACTION 2 Record what happened immediately beforehand, what was directly observed, and what followed.

Concrete next action

Owner / due

ACTION 3 Compare several entries and raise questions with an appropriate support team without assuming a cause.

Concrete next action

Owner / due

IMPORTANT CONTEXT

This is an observation and organization aid, not a diagnosis or proof of the purpose of a behavior. Protect identifiable student details.

- [ ] Source checked
- [ ] Next action assigned

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Review a worked example

FICTIONAL EXAMPLE

Fictional example: instructions changed before an activity. The learner placed a pencil down for two minutes; an adult then offered a choice of tasks.

BEFORE YOU RELY ON YOUR RECORDS

- [ ] Facts distinguished from estimates
- [ ] Dates, units and totals checked
- [ ] Source evidence saved separately
- [ ] Private identifiers protected

What will be improved next time?

This is an observation and organization aid, not a diagnosis or proof of the purpose of a behavior. Protect identifiable student details.

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Before / Behavior / After

This page is tailored to the topic. Use it to check key items before closing your file.

AREA	BEFORE	OBSERVED
Event 1		
Event 2		
Event 3		
Event 4		
Event 5		

One additional item to check