READING MOMENTUM CHECKPOINT

Build the baseline

Write facts and sources before filling the main table. Do not guess at missing information.

Project or subject

Date or period

STEP 1 Choose a manageable next section and write the starting point.

STEP 2 Record what you actually read and one interesting observation.

STEP 3 Use the difference to set the next goal, not to penalize yourself.

STEP 4 Which fact or document still needs checking?

READING MOMENTUM CHECKPOINT

Keep a dated record

Record what actually occurred. Reprint this page whenever you need more rows.

Reference period

Review date

BOOK AND CHAPTER	PAGES PLANNED	PAGES COMPLETED	READING DATE	NEXT PASSAGE OR THOUGHT

Outstanding question or record to confirm

READING MOMENTUM CHECKPOINT

Make the next step happen

Each useful action has an owner, a date and a result that can be checked.

ACTION 1 Choose a manageable next section and write the starting point.

Concrete next action	Owner / due

ACTION 2 Record what you actually read and one interesting observation.

Concrete next action	Owner / due

ACTION 3 Use the difference to set the next goal, not to penalize yourself.

Concrete next action	Owner / due

IMPORTANT CONTEXT

Reading progress is a personal planning estimate; pages vary widely by format and edition.

- [ ] Source checked
- [ ] Next action assigned